| Time position | Final time | Name | Gender | Age cat | Notes |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 33:31.9 | Jason williams | Male | 40-49 | 1st Male + Wave 1 M winner |
| 2 | 33:48.5 | phil chritchlow | Male | 50-59 | 2nd Male |
| 3 | 35:24.1 | Zach Spence | Male | Senior | 3rd Male |
| 4 | 35:41.4 | Ricky Stevens | Male | Senior |  |
| 5 | 36:26.2 | Martin Makin | Male | 40-49 | 1st V40 Male |
| 6 | 36:54.7 | Lee Dawson | Male | 40-49 |  |
| 7 | 37:16.5 | Chris O'Brien | Male | 50-59 | 1st V50 Male |
| 8 | 37:59.2 | Richard Thompson | Male | 40-49 | Wave 2 M winner |
| 9 | 38:26.5 | David Yarnall | Male | Senior |  |
| 10 | 38:38.5 | Mario Rocchelli | Male | 40-49 |  |
| 11 | 38:49.5 | Mark Lambell | Male | 40-49 |  |
| 12 | 39:42.5 | Arron Cox | Male | Senior | Wave 3 M winner |
| 13 | 39:58.3 | Richard Billington | Male | 50-59 |  |
| 14 | 40:56.9 | Tom Pearce | Male | 40-29 |  |
| 15 | 41:12.9 | Glyn House | Male | 40-49 |  |
| 16 | 41:34.0 | Kieran Bailey | Male | 40-49 |  |
| 17 | 42:08.5 | Nick Moore | Male | 40-49 |  |
| 18 | 42:17.3 | Tom Wilson | Male | Senior |  |
| 19 | 42:24.8 | Nigel Smith | Male | 50-59 |  |
| 20 | 42:25.1 | Sarah Horner | Female | Senior | 1st Female + Wave 2 F winner |
| 21 | 42:34.5 | Guy Stretton | Male | 50-59 | Wave 4 M winner |
| 22 | 42:41.4 | Daniel Gadsby | Male | Senior |  |
| 23 | 42:53.0 | Chris Brown | Male | Senior |  |
| 24 | 43:15.6 | Alan Maplethorpe | Male | 60-69 | 1st Male V60 |
| 25 | 43:19.8 | Laura Davison | Female | 40-49 | 2nd Female |
| 26 | 43:52.0 | Sarah Thorp | Female | 40-49 | 3rd Female |
| 27 | 43:58.7 | Temela Maciel | Female | Senior | Wave 3 F winner |
| 28 | 45:37.6 | Gareth Tomlinson | Male | 40-49 |  |
| 29 | 45:49.8 | Gareth Wilkins | Male | 50-59 |  |
| 30 | 45:59.7 | Elisa Whittlestone | Female | 50-59 | 1st Female V50 |
| 31 | 46:02.0 | Chris Jones | Male | Senior |  |
| 32 | 46:07.7 | Andy Parmee | Male | 50-59 |  |
| 33 | 46:24.6 | Lorna Muskett | Female | 40-49 | 1st Female V40 |
| 34 | 46:37.8 | Andrea Winkless | Female | 50-59 |  |
| 35 | 46:39.5 | Kathy Rollington | Female | 60-69 | 1st Female V60 + Wave 4 F winner |
| 36 | 46:40.6 | Chris Noble | Male | 50-59 |  |
| 37 | 47:30.2 | Graham Hodgson | Male | 40-49 |  |
| 38 | 47:53.8 | Anna Harding | Female | 40-49 |  |
| 39 | 47:58.1 | Bartosz Krasowski | Male | 40-49 |  |
| 40 | 49:03.5 | mike mcsharry | Male | 60-69 |  |
| 41 | 50:08.1 | Heather Avul | Female | 40-49 |  |
| 42 | 50:49.1 | Andrew Ward | Male | Senior |  |
| 43 | 51:05.7 | Andrew Pearson | Male | 40-49 |  |
| 44 | 51:30.5 | Anna Hiley | Female | 40-49 |  |
| 45 | 51:58.0 | Mark Ritchie | Male | 60-69 |  |
| 46 | 52:07.0 | Sharon McGowan | Female | 40-49 |  |
| 47 | 52:18.3 | Liam Gibbs | Male | 40-49 |  |
| 48 | 52:21.2 | Katie Howard | Female | Senior |  |
| 49 | 52:21.8 | Bernadette Owen | Female | 60-69 |  |
| 50 | 52:39.6 | Damien Connolly | Male | 40-49 |  |


| Time <br> position | Final time | Name |  |  |  |
| :---: | ---: | :--- | :--- | :--- | :--- |
| $\mathbf{5 1}$ | $52: 41.0$ | Christine Fowler | Female | $40-49$ |  |
| $\mathbf{5 2}$ | $52: 42.6$ | Jenny Murphy | Female | $40-49$ |  |
| $\mathbf{5 3}$ | $53: 33.4$ | vincent Armstrong | Male | $50-59$ |  |
| $\mathbf{5 4}$ | $54: 33.4$ | Glenn Adams | Male | $60-69$ |  |
| $\mathbf{5 5}$ | $54: 52.9$ | Jules Oliver | Female | $40-49$ |  |
| $\mathbf{5 6}$ | $55: 17.5$ | Elizabeth Lakin | Female | $40-49$ |  |
| $\mathbf{5 7}$ | $55: 46.9$ | Rebecca Edmunds | Female | $40-49$ |  |
| $\mathbf{5 8}$ | $58: 01.3$ | Don Strang | Male | $40-49$ |  |
| $\mathbf{5 9}$ | $\mathbf{0 1 : 0 2 : 0 7}$ | Lis Gibbs | Female | $40-49$ |  |

