Time					
	Final time	Name	Gender	Age cat	Notes
1		Jason williams	Male	40-49	1st Male + Wave 1 M winner
2		phil chritchlow	Male	50-59	2nd Male
3		Zach Spence	Male	Senior	3rd Male
4		Ricky Stevens	Male	Senior	
5		Martin Makin	Male	40-49	1st V40 Male
6		Lee Dawson	Male	40-49	
7		Chris O'Brien	Male	50-59	1st V50 Male
8	37:59.2	Richard Thompson	Male	40-49	Wave 2 M winner
9		David Yarnall	Male	Senior	
10	38:38.5	Mario Rocchelli	Male	40-49	
11	38:49.5	Mark Lambell	Male	40-49	
12	39:42.5	Arron Cox	Male	Senior	Wave 3 M winner
13	39:58.3	Richard Billington	Male	50-59	
14		Tom Pearce	Male	40-29	
15	41:12.9	Glyn House	Male	40-49	
16	41:34.0	Kieran Bailey	Male	40-49	
17	42:08.5	Nick Moore	Male	40-49	
18	42:17.3	Tom Wilson	Male	Senior	
19	42:24.8	Nigel Smith	Male	50-59	
20	42:25.1	Sarah Horner	Female	Senior	1st Female + Wave 2 F winner
21	42:34.5	Guy Stretton	Male	50-59	Wave 4 M winner
22	42:41.4	Daniel Gadsby	Male	Senior	
23	42:53.0	Chris Brown	Male	Senior	
24	43:15.6	Alan Maplethorpe	Male	60-69	1st Male V60
25	43:19.8	Laura Davison	Female	40-49	2nd Female
26	43:52.0	Sarah Thorp	Female	40-49	3rd Female
27	43:58.7	Temela Maciel	Female	Senior	Wave 3 F winner
28	45:37.6	Gareth Tomlinson	Male	40-49	
29	45:49.8	Gareth Wilkins	Male	50-59	
30	45:59.7	Elisa Whittlestone	Female	50-59	1st Female V50
31	46:02.0	Chris Jones	Male	Senior	
32	46:07.7	Andy Parmee	Male	50-59	
33	46:24.6	Lorna Muskett	Female	40-49	1st Female V40
34	46:37.8	Andrea Winkless	Female	50-59	
35		Kathy Rollington	Female	60-69	1st Female V60 + Wave 4 F winner
36		Chris Noble	Male	50-59	
37		Graham Hodgson	Male	40-49	
38		Anna Harding	Female	40-49	
39		Bartosz Krasowski	Male	40-49	
40		mike mcsharry	Male	60-69	
41		Heather Avul	Female	40-49	
42		Andrew Ward	Male	Senior	
43		Andrew Pearson	Male	40-49	
44		Anna Hiley	Female	40-49	
45		Mark Ritchie	Male	60-69	
46		Sharon McGowan	Female	40-49	
47		Liam Gibbs	Male	40-49	
48		Katie Howard	Female	Senior	
49		Bernadette Owen	Female	60-69	
50	52:39.6	Damien Connolly	Male	40-49	

Time position	Final time	Name	Gender	Age cat	Notes
51	52:41.0	Christine Fowler	Female	40-49	
52	52:42.6	Jenny Murphy	Female	40-49	
53	53:33.4	vincent Armstrong	Male	50-59	
54	54:33.4	Glenn Adams	Male	60-69	
55	54:52.9	Jules Oliver	Female	40-49	
56	55:17.5	Elizabeth Lakin	Female	40-49	
57	55:46.9	Rebecca Edmunds	Female	40-49	
58	58:01.3	Don Strang	Male	40-49	
59	01:02:07	Lis Gibbs	Female	40-49	